

Roland LEGRAND  
A BETTER LIFE ASTROLOGY SCHOOL  
ABLAS

Teaching astrology by correspondence since 1982

Private consultations since 1977

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## A BETTER LIFE ASTROLOGY COURSE



Roland Legrand during a seminar in France in June 2013

### Introduction and Lesson 1



"The sphinx" - Drawing by Roland Legrand

## Introduction

*Welcome to a better life astrology school!*

### **ABLAS**

<https://www.ablas-astrology.com>

*I hope that we will go a long way together and that you will enjoy this course. You are about to begin **the first lesson!***

**Before we start, make sure you read the information provided when you enrolled. It is essential that you follow the simple rules described to ensure fluent communication with the school.**

**1 – Do not continue to the lesson B, before you are sure to have understood the context of lesson A.**

**2 – All requested assignments are accessible on the Internet. A special link is given at the end of each lot of four lessons (lesson 4, lesson 8, lesson 12 and lesson 16).**

**3 – All hand-written exercises (drawings) need to be scanned or quality photographed, then attached as requested to the assignment form.**

Read each lesson as many times as necessary for you to understand everything thoroughly before you go on to the next lesson.

There are numerous important steps to follow before you can cast and analyse a birth chart correctly. This course is designed to provide you with the fundamentals of astrology. If you are dedicated, within about six months you will derive great benefits from this most fascinating subject. Before you start, though, here is one simple rule to remember:

**Once more, take your time.**

**Make sure you understand A before going on to B.**

I have often been asked, during private consultations or social meetings, why I had chosen astrology out of all the sciences, and how I had gone about getting the books and other information needed for its 'difficult study'...

Before I go on any further, I would like to emphasise the fact that the study of astrology is NOT difficult! **Anyone, anywhere and for any reason at all can decide to learn astrology.** The only important thing is to proceed in an orderly way and NOT try to absorb it all in one big gulp like some medicine or magic potion...

If you have decided to take this course, it is evidence that you are already interested in the subject. If I have decided to teach astrology it is to guide those who might find it difficult to organise a self-taught course of study.

I know how hard and frustrating it can be to look for material to work from. The first choice is vital because it is the reaction to such a choice that is going to motivate progress and success in this fascinating science.

The present work is, therefore, dedicated to everyone. That is why I want it to be clear and simple but still intellectually stimulating and rewarding to all. Whatever your educational background, I think that the subject of each lesson can be absorbed and comprehended by you in an easy and entertaining manner. *Because the study of astrology IS entertaining!*

Astrologers are not 'hermits' wearing beautiful white beards and living in some hidden and secret cave somewhere in far-off Tibet. NOT AT ALL! It is because Astrology is a lively subject that those who study it can take full advantage of their lives.

Instead of worrying over absurd or frustrating problems, you will be able to live up to your expectations, in full control of your everyday actions and thoughts.

### **BE POSITIVE AND ALL THINGS BECOME POSSIBLE...**

When I turned to astrology, I could have just as well consulted a clairvoyant, a numerologist, a psychoanalyst, or an astrologer. Psychologically I felt that something was missing in my life. To the eyes of those around me it all seemed very trivial but, deep inside I knew the volcano was beginning to awaken.

To be just a number or a ghost is the same in our society. If you do not have something that makes you special, nobody knows you even exist. You are alone, lost in the crowd... Tomorrow you may disappear and only very few people will take notice of it. And yet, you ARE somebody... There is a whole universe within yourself; a universe just as rich and interesting as that of the 'greatest' people.

That is how I felt when I met astrology by pure coincidence. But was it really a coincidence? The mysterious power of the planets became an understandable influence that I could almost control. It helped me solve many personal problems and made me feel I could move mountains...

I became a professional astrologer, but you do not need such an objective to learn astrology. It should be taught in schools, just like history, geography, or mathematics. Everyone has learned mathematics to some extent, but how many have become mathematicians?

Some people are passionate lovers of art, history, or geography. They have extensive knowledge and possess a fabulous collection of wonderful books and fascinating stories to tell. They are considered amateurs, but they often know more than the so-called professionals because they have learned only for their wellbeing, for their own pleasure and personal enrichment.





How many amateur astronomers study the skies every night...



How many amateur astronomers study the skies every night, using all sorts of sophisticated instruments? The information they collect often helps the professionals themselves.

Even if you do not want to become a master mind, The Queen's or President's private Astrologer, or the secret adviser of some head of government, you can learn astrology for many good reasons. And yet, your personal studies and approach will contribute in some way to the progress of this science. And, why not, you may even one day, decide to become a professional astrologer!

**I would be proud and happy to have guided your first steps.**

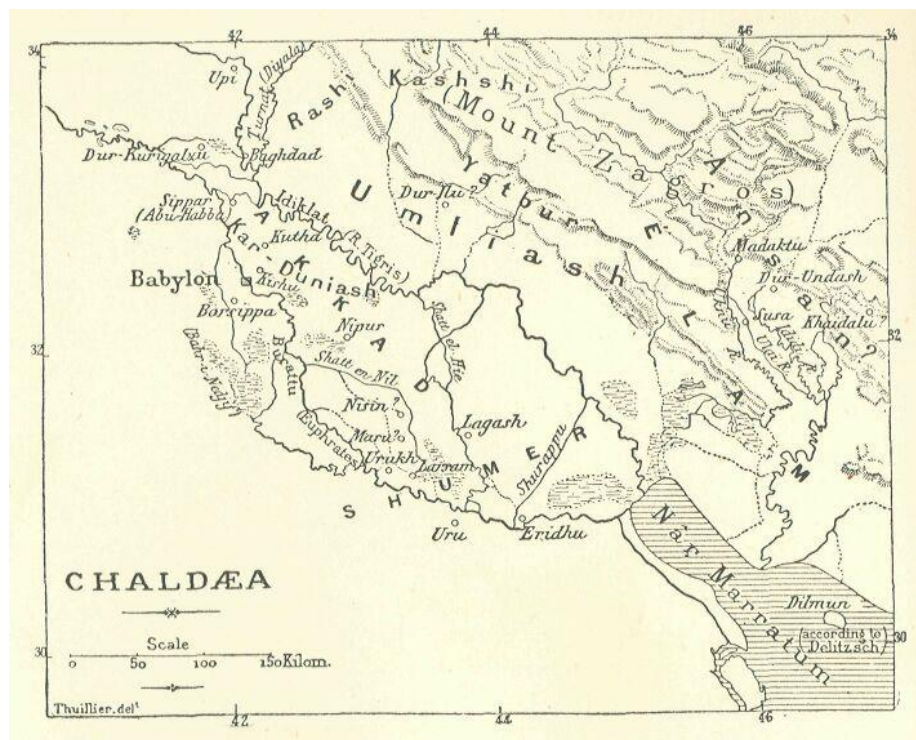
Putting aside the idea of becoming a professional astrologer, you will find there are a thousand good reasons to learn astrology and each one of your reasons is one of the good reasons that made me decide to teach you.

**On completing the present course, you will derive enormous profit from your acquired knowledge. Be it for others or for yourself, Astrology can give an answer to all your questions.**

***You will become the centre of attraction at social gatherings or family reunions. You will be able to converse with people of all walks of life, of all educational backgrounds and cultures, because astrology interests EVERYBODY, whatever one may say.***

Everyone on Earth has, at least once in his life, looked up into a starry summer night sky in search of an answer to the question of existence. Since man is man, since he has been given the power to think, he has acquired the desire to create. It is such a desire that has made his mind turn to the mysteries of life and to God...

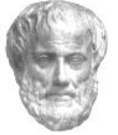
This is an incredibly old story. Astrology is not a science that was invented, discovered, or created in one day. No one has come out of a laboratory screaming: ***'Eureka! I've got it all!'***



Truly we do not really know when it began, but we are sure that as far back as historical and archaeological research goes, some trace of astrology can be found as well as the influence it had on the course of history and the development of civilisations.

Numerous famous figures throughout the centuries of our present civilisation have taken part in the study of cosmic influences. In Chaldea, in Egypt and later in Greece, every scientist was, above all, an astrologer.

**ARISTOTLE**, for example, wrote this about astrology: *'This world is linked in a vital way to the movements of the world above. Any power in this world is governed by such movements.'* [Click on the image for more information.](#)



**DANTE** also considered cosmic influences very seriously. He wrote this:

*'The planets are the primary causes to your actions but you have been given a light that enables you to distinguish between good and evil, and a free will that after battling against the influence of the planets, will eventually triumph if it is well directed.'* [Click on the image for more information.](#)



Closer to us, **KEPLER** the great mathematician, admitted that *'twenty years of studies had convinced his rebel mind that Astrology was real.'* [Click on the image for more information.](#)



The famous German author, **GOETHE** was not ignorant of this science either. In one of his books, *'Poetry and Truth'*, he wrote: *'I was born in Frankfort Am Main (Germany) on the 28th of August 1749 at midday precisely. The constellations were happy, the Sun was in Virgo, Jupiter, and Venus in good aspect with it; Mercury was favourable, Saturn and Mars were neutral. Only the Moon, full on that day, exercised its power of restriction on me, holding up my birth until its planetary time had passed.'*

*The good aspects, highly appreciated by astrologers later on, are probably the reason why I stayed alive, because the ignorance of the nurse made everyone believe I was born dead and it is only after great effort that I finally saw the light.'* [Click on the image for more information.](#)

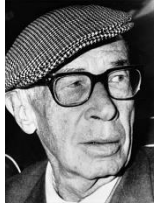
As for **HONORÉ DE BALZAC** famous French writer of the romantic 19th century, was certain that *'astrology is an immense science that has ruled the greatest minds of this world.'* [Click on the image for more information.](#)



The eminent psychoanalyst, **CARL JUNG**, at first very sceptical, later wrote:

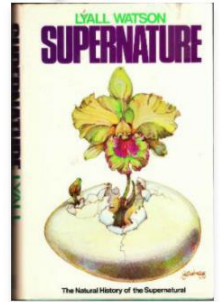
*'If poorly informed and educated people have been able until recently to laugh about Astrology, considering it as a so-called science of the past, that same Astrology, rising from the depth of people's souls, is presenting itself again at the doors of our universities that it had left for over three centuries.'* [Click on the image for more information.](#)

Closer to us again, **HENRY MILLER** the unconventional genius, writer of revolutionary books and novels based on his own life, said this, in an article for a French magazine called 'L'ASTROLOGUE', in its number 16 issue: *'Astrology speaks of Man in its entirety and I estimate that this is essential. It considers Man as a complete being. It shows that there are rhythms in nature and that every living thing participates to such rhythms.'* [Click on the image for more information.](#)



In 1973, in his fascinating book called 'SUPERNATURE', **LYALL WATSON**, professor in biology in the U.S. gave had a scientific approach to astrology. Amongst other things, he wrote this:

*'Astrology represents an equation of which the positions of the planets are variables. Such moving positions around a fixed point are scientifically predictable and combine to form a unique system of conditions capable of influencing whatever happens around this fixed point on Earth.'* [Click on the image for more information.](#)



Later in his books he added:

*'I think Astrology was born out of an innate consciousness of cosmic powers that influence man to have certain ideas and, as much as each Astrologer has brought his own personal and particular contribution and could only trust this small fraction of the whole structure, the final product got a natural and well-balanced shape and aspect.'* [Click on the image for more information about this book.](#)

To end this short list of experts' opinions, the **SUNDAY SUN**, in Brisbane (Australia) before it closed down in 1992, published on the 19th of December 1982, an article titled:

### **'ASTROLOGY: NOW IT IS RESPECTABLE!'**

And it went on:

***'One third of the western world believes in it already, but for the rest of us, sceptics, here is momentous news... Astrology may not be nonsense after all. After centuries of being dismissed as pie in the sky by serious scientists, the stargazing business has been declared respectable by two eminent British Psychologists.'***

You will find a scan of this article on the following page.



# Astrology: Now it's respectable

From BILL MELLOR in London

One third of the Western world's population believes it already, but for the rest of us sceptics here is momentous news... Astrology may not be nonsense after all.

After centuries of being dismissed as pie in the sky by serious scientists, the star-gazing business has been declared respectable by two eminent British psychologists.

Or at least one branch of astrology has.

Called cosmobiology, it argues that people born when certain planets are in two "critical sectors" of their passage through the sky often distinguish themselves in various walks of life.

And statistics meticulously gleaned in Europe and America over 20 years provide the following dramatic and partially-persuasive evidence:

- Champion sportsmen are more likely to be born when Mars is either beginning its rise or just past the mid-point of its daily journey.

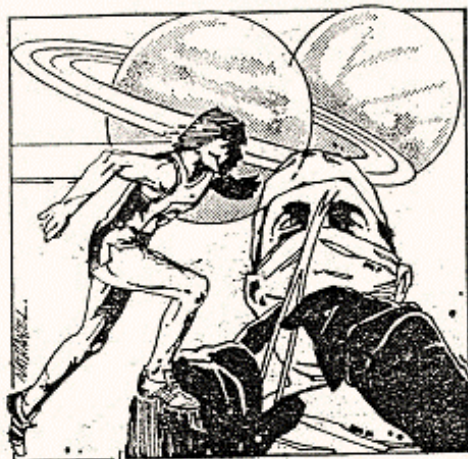
- The most eminent doctors and scientists tend to have been born when either Mars or Saturn is in those same positions.

- Many military top brass and war heroes really are under the influence of the god of war, Mars, or Jupiter.

- Leading actors and artists usually avoid being born under Saturn.

- And musicians tend not to be born under Mars.

These findings are the result of research on more than 16,000 famous people by a French husband-and-wife team, Michel and Francoise Gauquelin. For years, their work has been dismissed by many scientists as the usual astrological mumbo jumbo.



## Science backs zodiac study

### Approval

Now, however, it has been given the seal of approval by the eminent London University professors Hans Eysenck and D.J.B. Nias in a new book, *Astrology: Science or Superstition?*

Neither the authors nor the Gauquelins are quite sure how or why the position of planets influences people's characters and destinies. But they do come up with one fanciful theory — that a genetic characteristic may make a child "choose" to be born when a particular planet has just risen or culminated.

In this mysterious process, the planets are somehow acting as "celestial midwives," they suggest.

Incredible?

Yes, but surely the evidence they offer requires some explanation.

The Gauquelins divide the passage of the planets across the sky into 12 sectors, roughly similar to the traditional astrological houses. As the time the planets spend in each quarter is the same, the chance of anyone being born in the two critical sectors is one in six — or 16.66 per cent. Yet a study of 1,553 champion athletes in Europe and America showed 22 per cent were born when Mars was passing through these sectors.

And in an even more recent group, 20 Olympic medalists, the figure is 35 per cent. The

highest-ranking military men and war heroes killed or maimed on the battlefield also produced a Mars or Jupiter factor of well over 20 per cent.

Musicians, meanwhile, tended to avoid Mars. However, military musicians fell roughly halfway between the soldiers and the musicians!

Similarly, Saturn attracted doctors and scientists while avoiding actors and artists.

Michel Gauquelin is not an astrologer. He is a scientist who studied psychology and statistics at the Sorbonne.

Unlike many researchers in the field, he set out to objectively test traditional astrological claims — such as that death occurs more frequently under Saturn — and one by one he found them wanting.

Once, in a mischievous moment, he sent the birth times of 10 convicted murderers to a mail order firm that promised "to reveal your character and destiny in return for your birth data and a cheque."

### Inconclusive

None of the character studies the firm sent him showed any hint of criminal tendencies or penal destiny.

However, when he got round to testing the exact time of birth of famous people, he discovered the apparent connection with some — though not all planets.

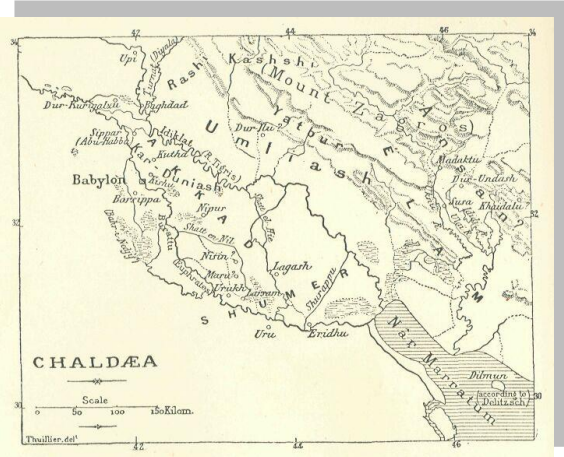
Not all the Gauquelins' results are consistent with traditional astrology. For instance, Venus and Mercury do not figure in their charts of musicians and artists, as would have been predicted by most astrologers.

And the furthest planets, Uranus, Neptune and Pluto have no significance to the Gauquelins at all.

But, with the acceptance of some of their work, the omens might at last be boding well for astrologers in their search for respectability.

\*Published in Britain by Maurice Temple Smith of London





To come back to the history of astrology, experts have often tried to find its proper origin, going back more than twenty-six thousand years BC where they could trace the first Zodiac reproductions.

Modern archaeology does not yet allow experts to verify Pliny and Cicero's appreciation of around 480,000 years! It has even been said that extraterrestrial people could have transmitted to Man their science of the cosmic influences, far superior to ours.

What we know for sure is that in the times of the Roman Empire, occultism was widely spread, and astrology had an important part in it. Astrologers were called '**Chaldeans**', which made one suppose that the origin of their science was Chaldea. [Click on the images and underlined words for more information.](#)

'**It all started in SUMER**' says French historian [Jacques Sadoul](#). The Sumerian civilisation developed between the **TIGRE** and the EUPHRATES rivers running down from the **CAUCASUS MOUNTAINS**. The **AKKADIANS**, **BABYLONIANS** and **ASSYRIANS** followed, and then came the **CHALDEANS**



From 700 BC, the Assyrian Empire extended its influence to Egypt, conquered by **ESARHADDON King of NINIVE** in 671 BC. Over 16 years of occupation made foreign cultural exchange important and astrology must have come out of the Egyptian temples where it had been kept for centuries. All this also happened under King **ASHURBANIPAL** (son of Esarhaddon) the best known of all Kings of NINIVE.

Around 500 BC, Chaldeans appeared in **MESOPOTAMIA**, rapidly spreading their knowledge of astrology to the entire Mediterranean Gulf. In those days, astrologers were consulted for all the affairs of the kingdom. The astrologer-priest was a counsellor, a sort of medium between Heaven and Earth, between God and Man.

From its unfathomable origins until today, astrology has travelled its long journey through time, receiving all sorts of intellectual, mystical, and religious influences. Sometimes brought to the first rank of all sciences, sometimes refuted, it comes to us today, rich of its passed experiences to serve Man at all levels and in all areas of life.

Astrology should not be reserved to a privileged few. You must not think that only the great and famous can have access to it. Despite my name (Legrand), I am neither great nor famous... However, without considering the help given to those who have trusted me when consulting me for astrological analyses, I can confidently say that astrology is a fourth dimension, a new optic of life and a definite power, giving access to the joys of living and to happiness.

Professional or sentimental success is assured through the inner discovery of personal potential and talents often buried under prejudice and wrong education. Sexual, emotional, artistic, mystical, intellectual needs or any other needs can be understood, accepted, and blended harmoniously within everyday life. It is the perfect reunion of body and soul.



Forget your complexes, remorse, frustrations, and other problems of that kind! Knowing **WHO YOU ARE**, you will know **HOW TO BEHAVE**. The possibilities of astrology are infinite.

In addition to knowing yourself better, it teaches you how to behave with others. It gives you the ability to understand the ones you love as much as those you do not like so much...

It is a friend science, a confidant, a kind of godly witch to whom you can ask thousands of questions, who can fulfil your dreams, and eventually accomplish miracles...

Very quickly the study of astrology becomes a second nature because it seems that everything is linked to it. You will meet someone and start to guess their Sun Sign. Watching their hands, their attitude, their eyes, their movements, and their overall expression, you will come to precise conclusions.

You will observe people continuously, without even noticing it, but you will notice more and more about them. And this will only be a start...

Astrology goes far beyond a simple knowledge about the twelve zodiac signs. To say that someone was born under such or such sign does not allow for a proper analysis. This is vague. One must also consider, besides the DATE OF BIRTH, the TIME and PLACE of that birth. Such information enables the astrologer to draw what is commonly called a '**BIRTH CHART**' or '**HOROSCOPE**.'

**The time has come to begin the first lesson of this astrology course.**





## A BETTER LIFE ASTROLOGY SCHOOL ABLAS

### Lesson 1

#### The drawing of your birth chart

In this lesson, you will learn about drawing a birth chart.

- Take a pencil, a notebook and **LET'S START!**
- On the **BLANK CHART provided on the following page (make a dozen print outs of it)** fill the spaces corresponding to your NAME, to your **DATE OF BIRTH**, to your **TIME OF BIRTH** and to your **PLACE OF BIRTH**.
- Next, you must write the **GMT OF BIRTH** (Greenwich Mean Time according to **MERIDIAN ZERO**, starting point of all geographical and astrological calculations).
- You must also write the **EXACT TIME OF BIRTH**, which is the '**SOLAR TIME**' of your birth, often different from the '**LOCAL TIME**'.
- The next step is to write the EXACT **SIDEREAL TIME (EST)**. We will come back to this important point later...

The empty space below, reserved for '**REMARKS**' will allow you to write any commentary you may feel necessary to make during the process of drawing or analysing your BIRTH CHART.

Far down below, on the left side, write the chart's drawing and analysis date. This will allow chronological classification of your charts as well as the observation of your own progress in astrology.

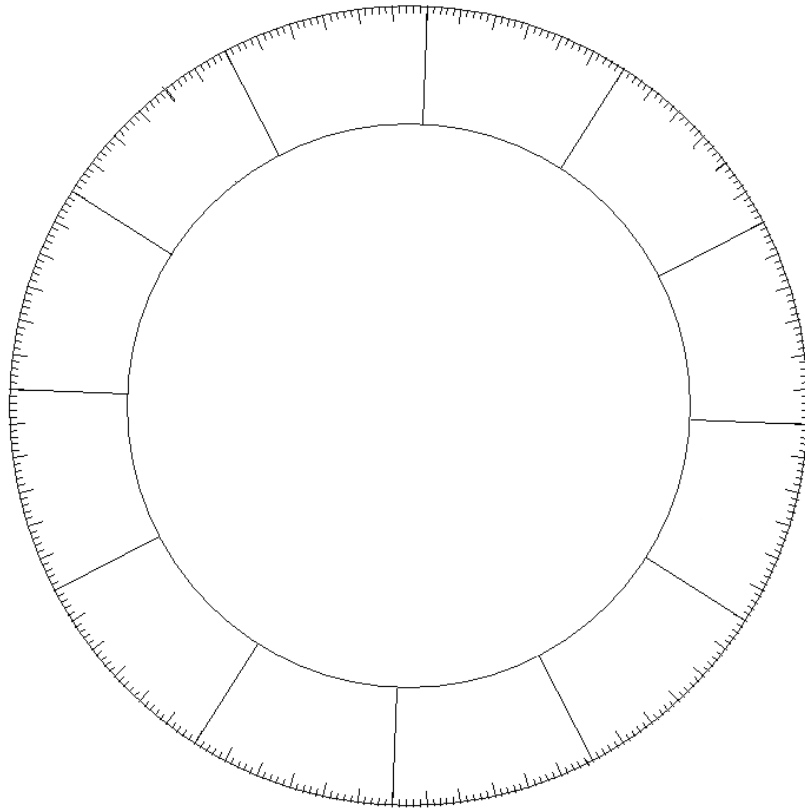
#### **NOW, DO THE WORK REQUESTED, THEN COME BACK TO THIS LESSON**

You will find four blank charts on the following pages. Print them. They will be useful to learn how to draw the elements that make a birth chart.

## ASTROLOGICAL BIRTH CHART

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Local time of birth: \_\_\_\_\_ Place of birth: \_\_\_\_\_  
GMT of birth: \_\_\_\_\_ Exact time of birth: \_\_\_\_\_ TSE\* of Birth: \_\_\_\_\_

Remark: \*TSE or EST = Exact Sidereal Time



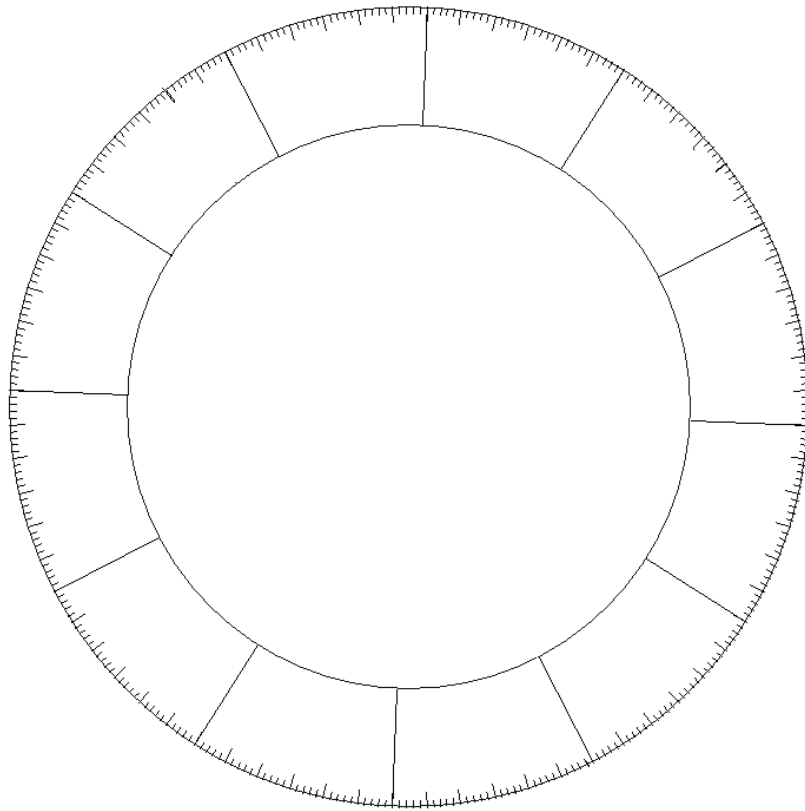
Date: \_\_\_\_\_



## ASTROLOGICAL BIRTH CHART

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Local time of birth: \_\_\_\_\_ Place of birth: \_\_\_\_\_  
GMT of birth: \_\_\_\_\_ Exact time of birth: \_\_\_\_\_ TSE\* of Birth: \_\_\_\_\_

Remark: \*TSE or EST = Exact Sidereal Time



Date: \_\_\_\_\_

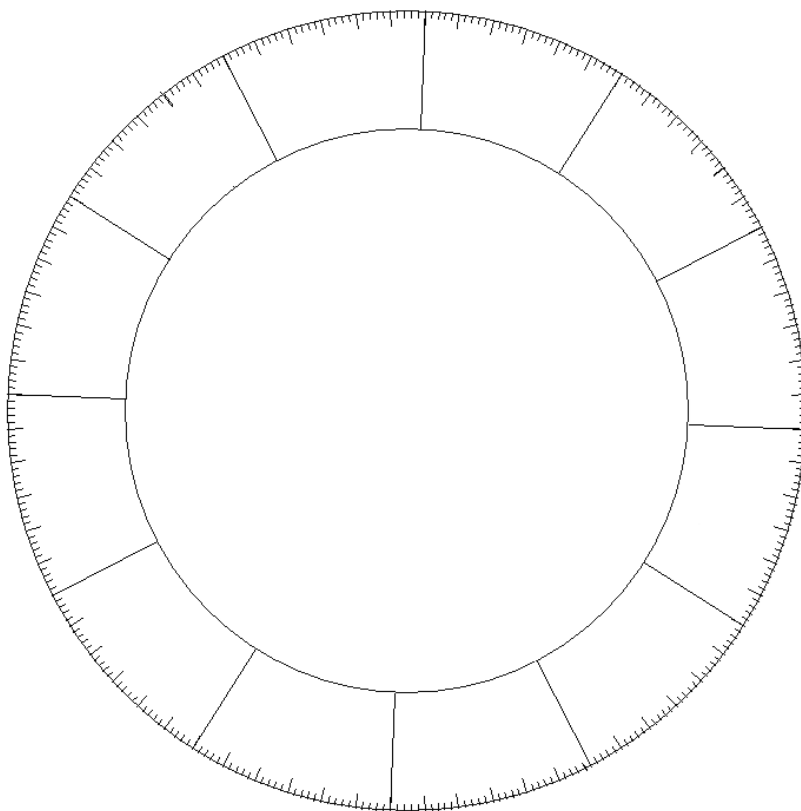
## ASTROLOGICAL BIRTH CHART

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Local time of birth: \_\_\_\_\_ Place of birth: \_\_\_\_\_

GMT of birth: \_\_\_\_\_ Exact time of birth: \_\_\_\_\_ TSE\* of Birth: \_\_\_\_\_

Remark: \*TSE or EST = Exact Sidereal Time

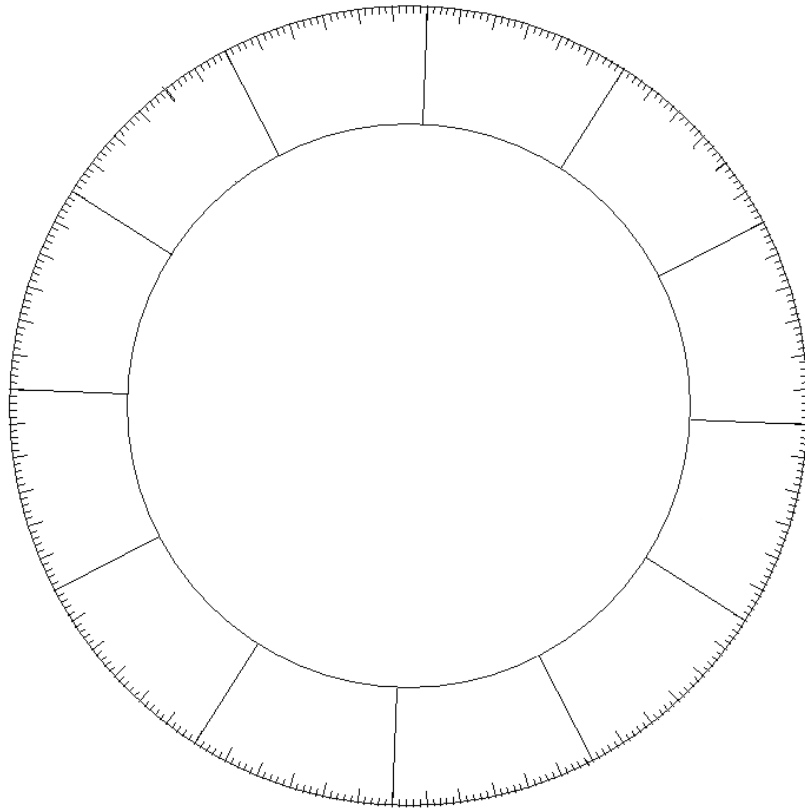


Date: \_\_\_\_\_

## ASTROLOGICAL BIRTH CHART

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Local time of birth: \_\_\_\_\_ Place of birth: \_\_\_\_\_  
GMT of birth: \_\_\_\_\_ Exact time of birth: \_\_\_\_\_ TSE\* of Birth: \_\_\_\_\_

Remark: \*TSE or EST = Exact Sidereal Time



Date: \_\_\_\_\_



On the drawing of the **BLANK CHART**, *the space outside the zodiac ring is used to place the **SYMBOLS OF THE PLANETS** and the cusps of the **HOUSES***. See the drawing of your birth chart sent to you with the course materials.

The **CIRCULAR SECTION** or **RING** is divided into 12 equal parts and is used to place the **SYMBOLS OF THE TWELVE ZODIAC SIGNS** COUNTERCLOCKWISE.

The **INNER CIRCULAR SECTION** is used to trace the '**ASPECT LINES**' (various angles separating planets and other important elements around the chart). Aspects will be studied in future lessons.

### WHAT IS WHAT?

**Firstly**, you must learn to draw and quickly recognise the different symbols of the signs and of the planets.

Use the exercise page provided - EXERCISE # 1 - to practise. Draw one line of each symbol, not one line of all symbols. You should be able to draw 12 to 15 times the same symbol on each line.

When you have done this, observe your **OWN BIRTH CHART** and try to recognise the **SYMBOLS of the different ZODIAC SIGNS and PLANETS...**

**NOW, draw these SYMBOLS on the BLANK CHART. Copy from your completed BIRTH CHART. Do not forget the 'stems' leading from a planet to the inner edge of the zodiac ring. See the example on the following page.**

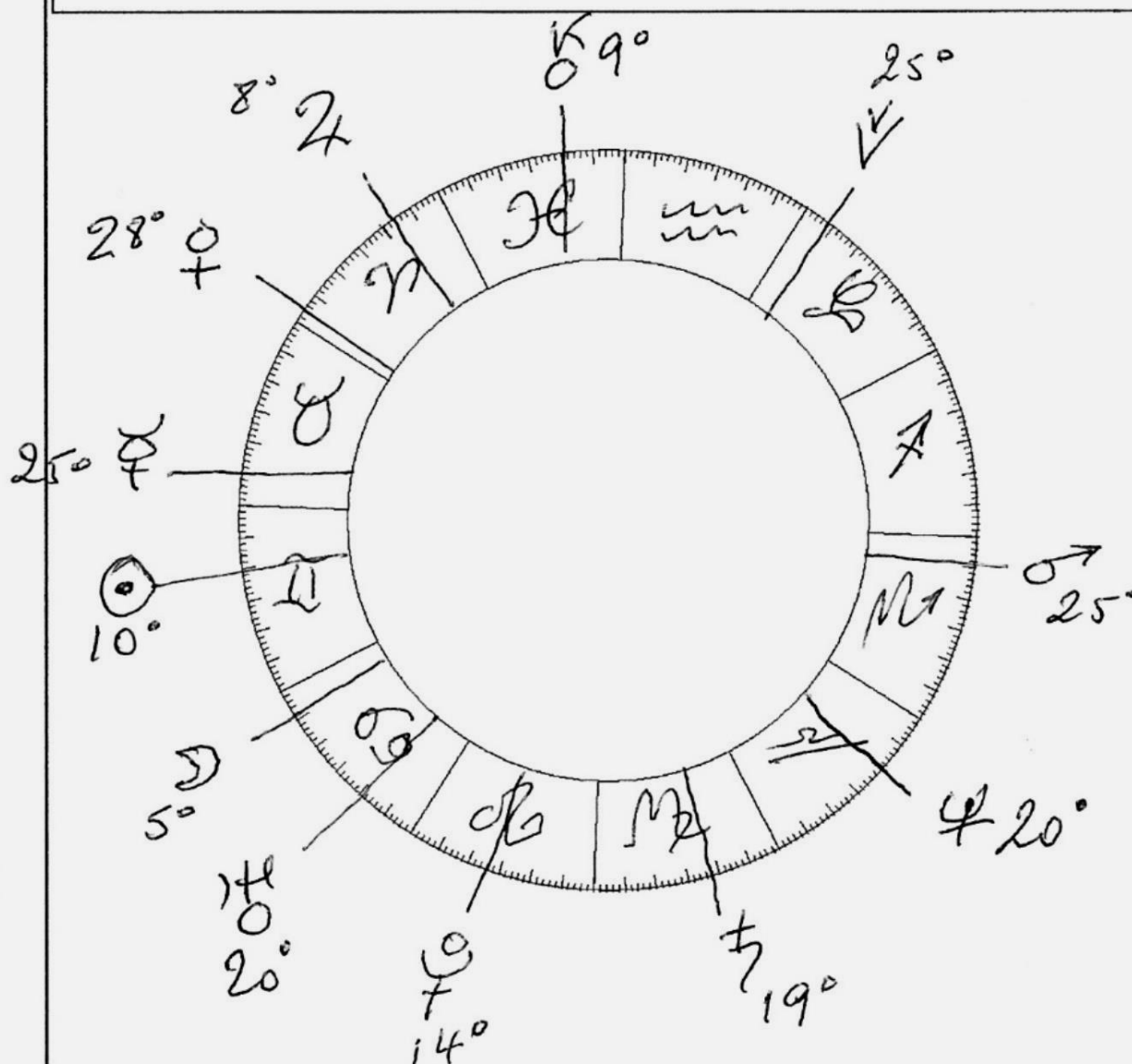
\* \* \* \* \*

## ASTROLOGICAL BIRTH CHART

Name: Smith Date of Birth: June  
 Local time of birth: m Place of birth: m  
 GMT of birth: m Exact time of birth: m TSE\* of Birth: m

Remark: \*TSE or EST = Exact Sidereal Time

*This is just an example*



Date: 10 July 2001

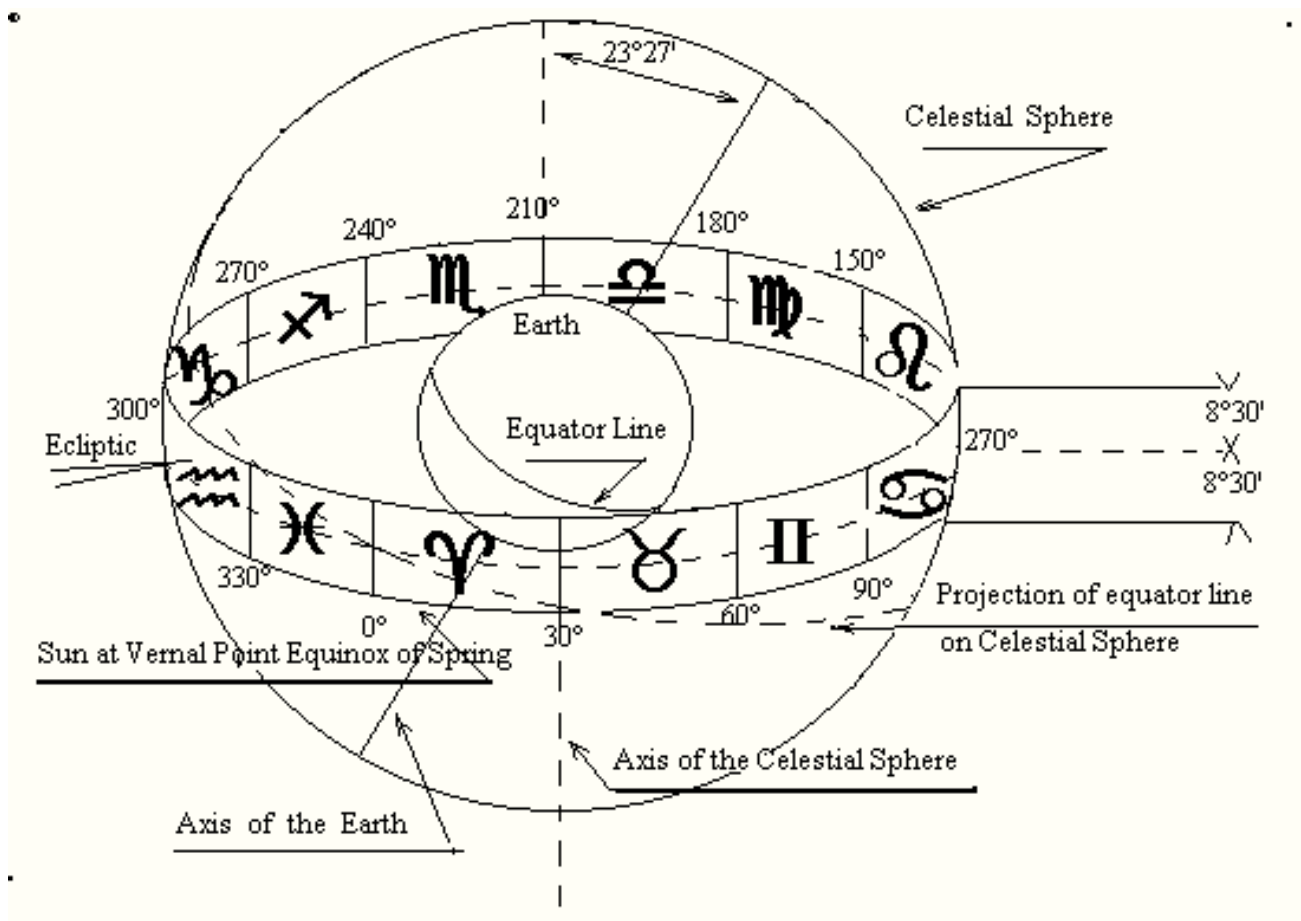
## DO YOU KNOW WHY YOU WERE BORN UNDER A CERTAIN ZODIAC SIGN?

It is simply because the Sun from our point of view on Earth was aligned with that sign when you were born that we say that you belong to Aries, Taurus, Gemini, or any other sign.

Of course, everyone knows that the **SUN IS FIXED**, it is the Earth that turns around it in one year.

In the same manner as someone sitting in a moving train, for example, may get the impression that what he sees through the window is moving away from him, from our point of view on Earth it is the Sun that 'seems' to travel, from east to west, not us...

Have a look at the drawing of the zodiac below. Study it for a few minutes to understand what happens on an astronomical point of view...



The zodiac is the celestial strip divided by the ecliptic and surrounding the Earth. Within its limits, the Sun, the Moon, and the planets seem to travel around us. The width of the zodiac strip is 17°, therefore 8° 30' on either side of the ecliptic's dividing line.

The *ECLIPTIC* is the apparent path of the Sun around the earth in one year.

The axis of the Earth is slightly tilted from the plan of the ecliptic. The meeting point between the ecliptic and the equator line is called 'Vernal point' or 'Gamma point' or 'Degree zero'. It is from the vernal point that the zodiac runs, **COUNTERCLOCKWISE (anticlockwise)**.

The zodiac is made up of twelve sections called 'signs.' Each sign corresponds to an area of 30° around the circle of the zodiac and of the revolution of the Sun, therefore to approximately one



month (because the Sun travels approximately one degree around the zodiac every day). Spring in the northern hemisphere begins on the 21<sup>st</sup> of March. The first sign, Aries, begins on this day and ends when the Sun has travelled the 30° allocated to this sign. Then the second sign begins, on the 20<sup>th</sup> of April, almost one month later.

**NOTE:**

The crossing of this line with the *EQUATORIAL LINE* of the Earth is called *VERNAL* or *GAMMA POINT* or *DEGREE ZERO*. It is the moment when spring starts on one side of the Earth and autumn on the other side. Each SIGN represents the course of the Sun in approximately *ONE MONTH*.

The ZODIAC is the celestial strip between the limits of which the planets move around the Sun. (See the drawing titled: *SIDE-VIEW OF THE ZODIAC*).

The orbit of Mercury and of the other planets will never vary outside the limits of the ZODIAC STRIP. Their path is linked to their speed of rotation, their distance from the Sun and its magnetic attraction.

It is that same orbit that has been divided into 12 sections that were named after the corresponding constellations present in the heavens above.

*These constellation names are: ARIES, TAURUS, GEMINI, CANCER, LEO, VIRGO, LIBRA, SCORPIO, SAGITTARIUS, CAPRICORN, AQUARIUS, and PISCES.*

*Ancient Astronomers gave various names to the different stars and constellations.*

When the Sun transited within one of these cosmic spaces, astrologers got to associate its name to the moment of the year during which such transit occurred.

There is a phenomenon called '*EQUINOCTIAL PRECESSION*'. According to this law of physics, the ZODIAC SIGNS and the CONSTELLATIONS are today out of alignment.

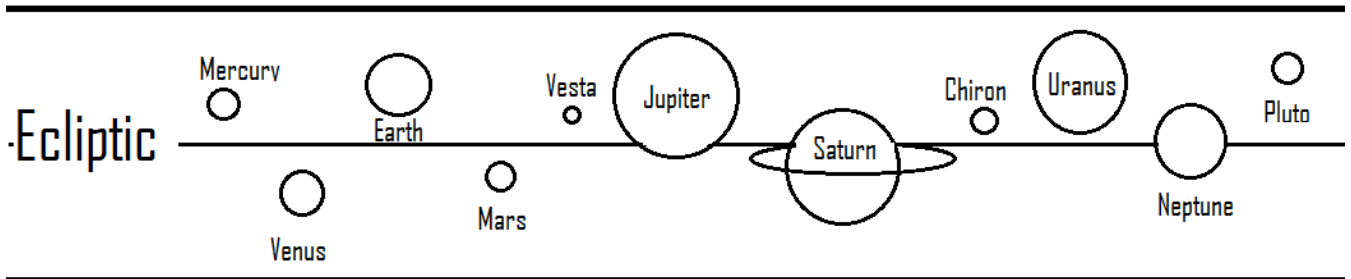
Once every 2600 years, approximately, the difference becomes one constellation, therefore one zodiac sign.

Astrology detractors use this evidence to refute any scientific value to this science. They are wrong...

What we must consider is the presence of the Sun within the '*CELESTIAL SPHERE*' at such or such time of the year according to the Earth. Such a position corresponds to certain events that tend to repeat themselves regularly (once a year) whatever name is given to the 'cosmic space' where the Sun seems to be transiting. The *seasons* are a good example of such phenomenon.

## SIDE VIEW OF THE ZODIAC

The planets travel around the Sun at different speeds and distances, but always within the limits of the zodiac, a 17° wide cosmic highway formed by the Sun's magnetic field.



The names of the signs have been given according to the names of the constellations, but the misalignment of signs and constellations does not change the moment of spring or any other season's arrival. The same principle applies to the symbolic meanings of the ZODIAC SIGNS.

## BACK TO THE CHART...

Each ZODIAC SIGN corresponds to a section of 30 degrees of arc around the circle. Each one of these sections corresponds to a certain period of the year.

The first section, from degree zero to degree thirty (0° - 30°) corresponds to the beginning of spring in the Northern Hemisphere of the Earth and to the beginning of autumn on the Southern Hemisphere. The sign 'ARIES' belongs to this section. Two thousand six hundred years ago, the constellation of ARIES gave it its name.

'ARIES' begins on the 21st of March (first day of spring in the north and first day of autumn in the south). It ends on the 20th of April. Therefore, to say that someone was born under the sign of ARIES means that the Sun was transiting in that ZODIAC section at the time.<sup>1</sup>

You will easily understand that the so-called astrological predictions appearing in various magazines throughout the world every day, cannot be of any help to the student of astrology like you.

The MOON, MERCURY, VENUS, MARS, JUPITER, SATURN, URANUS, NEPTUNE, and PLUTO also influence our biological structure through their radiation reaching the Earth. That is without considering the *ASCENDANT*, the *HOUSES*, and the *ASPECTS* that are part of the present course.

### Important note:

**There are two more celestial bodies taken into consideration in the present course:  
Vesta and Chiron.**

**You will learn all about them in the following lessons.**

<sup>1</sup> During leap years of 366 days, Aries begins one day earlier, on March 20<sup>th</sup> and the following signs too.

## WHAT IS THE ASCENDANT?

The **day of your birth** determines your **zodiac sign** (also called SOLAR SIGN) as we have just seen...

*The **time of your birth** determines your **Ascendant**.*

*The ASCENDANT or HOUSE I (1) corresponds to the moment of the day of your birth when the SUN rose above the horizon to 'get up', if I may say...*

According to your personal time of birth, it is the zodiac sign that rose above the horizon that influences you, just like your Sun sign or *zodiac sign*.

### SOME OF YOU MAY ASK:

**'HOW COULD THE SUN BE IN ONE SIGN TO DETERMINE MY ZODIAC SIGN, WHILE ANOTHER SIGN DETERMINES MY ASCENDANT?'**

*Here is how...*

The **SUN SIGN** is determined according to a time lapse of 365 days. The Earth turns around the SUN as well as around itself on an invisible axis. One complete turn around the SUN in one year and one complete turn on itself in one day.

That implies two different visions of the celestial vault: one according to a slow movement and one according to a fast movement.

Imagine a fair's carousel made up of long arms on the end of which are fast turning cabins where passengers could seat to get their fun while the long arms supporting the cabins would turn slowly around the carousel's main axis.

Any person sitting in one of the cabins anywhere on the wide circle made by the long supporting arm can also have a quick vision of the entire circle during the fast revolution of the cabin on itself.

These two aspects of the same vision explain the point of view of the **SUN SIGN** (slow motion) and of the **RISING SIGN or ASCENDANT** (fast motion).

That second sign, the **ASCENDANT**, *in partnership with the SUN SIGN*, creates a character duality that goes far beyond the simple study of the **ZODIAC SIGNS**.

Instead of the 12 zodiac-sign possibilities, we obtain 12 times more, therefore 144 different associations of signs.

In **LESSON N° 2** we will study the twelve **ZODIAC SIGNS** and their astrological and psychological correspondence. You will also learn how to classify them into various groups and qualities.

Before you carry on to the next lesson, do the exercises requested with the present one. They are listed on the following page.

When you have done this work and when you are sure that you have clearly understood the content of this lesson, you may carry on to **lesson number 2**.

To access the assignment form, follow the instructions given on the following page.

Thank you for your attention and for your appreciation of my work.

**Roland LEGRAND.**  
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## EXERCISES

**Click on the link below** to access the online **assignment form**. Answer only the questions relating to lesson 1, then close it and get on with lesson 2.

<https://form.jotform.com/201903668408054>

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## Practical training

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